CK 12 Meals - Menu 1

BACON, SAUSAGE AND CHEESE OMELETTE WITH A KETO BAGEL
2 SERVINGS

BERRY GOOD CHIA POWER BOWL
1 SERVING

MUSHROOM, HAM AND CHEDDAR QUICHE AND SIDE SALAD
2 SERVINGS

THE WORKS LOADED WET CARNITAS BURRITO
1 SERVING

3 CARNITAS TACOS AND MEXICAN CAULI-RICE
1 SERVING

2 PCS BBQ CHICKEN WITH COLESLAW AND KETO "CORN" BREAD
1 SERVING

BACON WRAPPED MEATLOAF WITH CAULI MAC-N-CHEESE AND A DINNER ROLL
1 SERVING

KETO EGGPLANT LASAGNA
1 SERVING

BACON, CHICKEN, BLEU SALAD WITH "HONEY" MUSTARD DRESSING
2 SERVINGS

ANTIBIOTIC FREE

HORMONE-FREE

SOY-FREE

SUGAR-FREE

NON-GMO

Our menu items are made with healing in mind. We use all natural, organic ingredients, herbs and spices. This menu is also high in omega-3s, is anti-inflammatory, and great for your gut as it is loaded with probiotic fiber and prebiotic ingredients.

FOOD ALLERGY NOTICE

PLEASE BE ADVISED THAT FOOD PREPARED HERE MAY CONTAIN THESE INGREDIENTS:

MILK, EGGS, WHEAT, SOYBEAN, PEANUTS, TREE NUTS, FISH AND SHELLFISH

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